



Inspiration/ Passion (LOVE)

Joy/ Appreciation

Empowered/ Freedom

Gratitude / Passion

Playful / Enthusiasm

Eagerness / Happiness

Positive Expectation / Belief

Optimism / Faith / Trust

Hopefulness / Forgiveness / Compassion

Contentment / Inquisitive / Humility

Pessimism/ “Safe” (FEAR) of the unknown

Boredom / Procrastination

Judging / Arrogance / Frustration

Irritation / Impatience

Overwhelm / Disappointment / Doubt

Worry / Blame / Discouragement

Anger / Revenge / Resentment

Hatred / Rage / Jealousy

Insecurity / Guilt / Unworthiness

Shame / Fear / Grief / Depression

Despair / Powerlessness